Are Standardized Tests Part of Your Clinical Practice?

Here are 7 reasons why they should be!



Have you ever been in a situation in which two people have asked a very similar question of the same person, but were given different answers? The exact wording of a question or the order in which questions are asked can influence the response. That's where standardized assessments come in. Using standardized assessment instruments allows the clinician to ensure examinees are asked questions in an identical manner and in specific order, ensuring no advantage or difference in the assessment process. There are several more reasons why assessments can improve your practice.

The results of standardized testing can:

- 1. Confirm your clinical judgment
- 2. Measure overall treatment outcomes
- 3. Support requests for services or reimbursement
- 4. Help you gather and interpret data in a standard way
- 5. Provide a consistent means to document patient progress
- 6. Identify patterns of strengths and weaknesses to help guide the development of an appropriate intervention and treatment plan
- 7. Gather a body of evidence that can be disseminated as a set of best practice recommendations

